

England Athletics South West Inter-Counties Road Race Championship 2016 Frome 10k Results

Devon's Men's and Women's teams were both victorious in the inter-counties championship match at the Frome 10k on Sunday 17th July, beating Wiltshire and an under-strength Avon contingent into second and third places respectively.

Overall winner Tom Merson led in the Devon Men's team, followed by Ronnie Richmond, Sam Hopton, Jason Drew and Andy Ingle. First lady home was Wiltshire runner Ruth Barnes – but Devon's Women's team of Serane Stone, Ali Thorn, Cleo Perry, Michelle Cowley, Ellie Dominey and Alex Cutts outscored their opponents to take the team prize. It was quite a day for leading Devon runner Serane, who was also celebrating her 40th birthday.



This is the first year of running the England Athletics South West Inter-Counties Road Race Championship. There are three events in the 2016 Championship; the Wiltshire 10 miler (February), Frome 10k (July) and The Sturminster Newton Half Marathon (August).

After two events, Wiltshire leads both the Men's and Women's championship tables, with Avon in second place, Devon third, Somerset fourth and Gloucestershire fifth.

England Athletics South West Road Running Co-ordinator Tony Gale says, "It's good to see county Athletic Associations rising to the challenge and putting some strong teams into these events. Five of the seven South West counties have points on the board after two events – and we're hoping to improve on that in 2017."

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Photo attached: Devon Women's team with Team Manager Dave Phillips