

Devon County Championships - 11th May 2019

Exeter Arena

Track Results

300m Hurdles U17 Women

1	96	Olivia	Travers	Erme Valley Harriers	U17W	49.84
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400m Hurdles Women, U20 Men, U17 Men & M55

1	243	Danny	Filewod	City Of Plymouth AC	U17M	59.24
2	147	Sarah	Kearsey	Exeter Harriers	SW	1:02.61
3	247	Christopher	Perry	Exeter Harriers	U20M	1:03.04
4	150	Marilyn	Grech	Exeter University	SW	1:09.59
5	295	Stephen	Blackford	City Of Plymouth AC	M55	1:31.32

100m Women

-1.6 (Manual)

M/S

1	144	Rebecca	Roots	Torbay AAC	SW	12.61
2	157	Cara	Marsh	South West Vets AC	F35	14.35
3	153	Laura	Butcher	North Devon AC	SW	14.50
4	161	Clare	Frank	Exeter Harriers	F45	16.88

100m U20 Women

-2.1 (Manual)

M/S

1	140	Elyse	Leech	Torbay AAC	U20W	12.65
2	139	Megan	Webber	Torbay AAC	U20W	12.67
2	124	Samantha	Harris	City Of Plymouth AC	U20W	12.67
4	122	Emily	Frost	City Of Plymouth AC	U20W	13.36

100m U17 Women

-0.1 (Manual)

M/S

1	112	Jamie	Bulbring	Tavistock AC	U17W	13.00
2	93	Paige	Johnson	Erme Valley Harriers	U17W	13.58
3	109	Emma	Grant	North Devon AC	U17W	13.66
4	94	Ruth	Green	Erme Valley Harriers	U17W	13.77
5	91	Summer	Dawe	City Of Plymouth AC	U17W	14.01

100m U15 Girls Heat 1

-1.5 (Manual)

M/S

1	45	Lili	Fern	City Of Plymouth AC	U15G	13.27
2	42	Janea	Oligan	City Of Plymouth AC	U15G	13.39
3	44	Mali	Heard	City Of Plymouth AC	U15G	13.64
4	86	Neve	Dann	City Of Plymouth AC	U15G	13.82
5	217	Tierney	Fryer	Exeter Harriers	U15G	14.16
6	63	CC	Addison	North Devon AC	U15G	14.59
7	50	Ellie	Baker	Dartmouth AAC	U15G	15.06
8	51	Ashlyn	Everton	Erme Valley Harriers	U15G	16.03

100m U15 Girls Heat 2

-0.7 (Manual)

M/S

1	49	Kinga	Kudzia	City Of Plymouth AC	U15G	13.02
2	78	Estelle	Roots	Torbay AAC	U15G	13.47
3	41	Abigail	Tucker	Bideford AAC	U15G	13.85
4	60	Imogen	Bond	Exeter Harriers	U15G	14.09
5	73	Annabelle	Hess	Tavistock AC	U15G	14.15

6	88	Emily	Ginter	City Of Plymouth AC	U15G	14.22
7	81	Hannah	Davison	Torbay AAC	U15G	15.40
100m U15 Girls Final			-2.6 (Manual)	M/S		
1	49	Kinga	Kudzia	City Of Plymouth AC	U15G	12.88
2	45	Lili	Fern	City Of Plymouth AC	U15G	13.08
3	42	Janea	Oligan	City Of Plymouth AC	U15G	13.33
4	78	Estelle	Roots	Torbay AAC	U15G	13.39
5	44	Mali	Heard	City Of Plymouth AC	U15G	13.44
6	86	Neve	Dann	City Of Plymouth AC	U15G	13.83
7	41	Abigail	Tucker	Bideford AAC	U15G	13.92
8	60	Imogen	Bond	Exeter Harriers	U15G	14.15
100m U13 Girls Heat 1			-0.7 (Manual)	M/S		
1	33	Isabella	Lawson	North Devon AC	U13G	13.88
2	12	Taylor	Saltmarsh	Exeter Harriers	U13G	15.14
3	23	Penny	Jones	Tavistock AC	U13G	15.85
4	28	Jasmine	Povey	Torbay AAC	U13G	16.22
5	22	Evie	Rowe	South Devon AC	U13G	16.81
6	20	Hannah	Carr	South Devon AC	U13G	16.89
100m U13 Girls Heat 2			-1.8 (Manual)	M/S		
1	19	Elyse	Singletary	North Devon AC	U13G	15.18
2	15	Nia	Harradine-Cole	Newton Abbot AC	U13G	15.73
3	8	Rose	Bruynseels	Erme Valley Harriers	U13G	15.80
4	29	Grace	Povey	Torbay AAC	U13G	16.47
5	21	Lauren	Carr	South Devon AC	U13G	16.48
100m U13 Girls Final			-2.0 (Manual)	M/S		
1	33	Isabella	Lawson	North Devon AC	U13G	13.86
2	12	Taylor	Saltmarsh	Exeter Harriers	U13G	14.81
3	19	Elyse	Singletary	North Devon AC	U13G	14.89
4	8	Rose	Bruynseels	Erme Valley Harriers	U13G	15.42
5	15	Nia	Harradine-Cole	Newton Abbot AC	U13G	15.43
6	23	Penny	Jones	Tavistock AC	U13G	15.69
7	28	Jasmine	Povey	Torbay AAC	U13G	16.04
8	29	Grace	Povey	Torbay AAC	U13G	16.68
100m U13 Boys			-1.5 (Manual)	M/S		
1	180	Rory	Summers	Tavistock AC	U13B	14.03
2	183	Joshua	Taylor	Torbay AAC	U13B	14.47
3	169	Kit	Stone	Exeter Harriers	U13B	15.04
4	184	Noah	Heard	City Of Plymouth AC	U13B	16.39
100m U15 Boys			+0.6 (Manual)	M/S		
1	194	Connell	McCarthy	City Of Plymouth AC	U15B	12.17
2	216	Theo	Little	Exeter Harriers	U15B	12.48
3	218	Byron	Povey	Newton Abbot AC	U15B	12.97
4	202	Max	Dan	Newton Abbot AC	U15B	13.01
5	208	Ben	Wilkinson	Tavistock AC	U15B	13.41

	6	214	Thomas	Bennett	Exeter Harriers	U15B	14.35
	7	196	Andreas	Isaias	Erme Valley Harriers	U15B	15.05
	8	211	Jack	Luscombe	Torbay AAC	U15B	15.09
100m U17 Men & Wheelchair				-0.9 (Manual)	M/S		
	1	224	Thomas	Roberts	City Of Plymouth AC	U17M	12.01
	2	235	Jake	Dan	Newton Abbot AC	U17M	12.12
	3	240	Jared	Hunter	Tavistock AC	U17M	13.07
	4	156	Doaa	Shayea T54	City Of Plymouth AC	SW	23.01
100m U20 Men				-0.8 (Manual)	M/S		
	1	253	Callum	Oliver-Davidson	Newton Abbot AC	U20M	11.76
	2	246	Luke	Cressey	Exeter Harriers	U20M	11.81
	3	248	Max	Thomas	Exeter Harriers	U20M	12.10
	4	252	Elijah	Noel	Newton Abbot AC	U20M	12.24
100m Men				-3.5 (Manual)	M/S		
	1	267	Aaron	Miller	City Of Plymouth AC	SM	11.64
	2	274	Jamie	Sargusingh	Exeter University	SM	11.90
	3	275	Will	Lambert	Exeter University	SM	12.29
	4	293	Jerry	Kevern	City Of Plymouth AC	M50	13.26
	5	295	Stephen	Blackford	City Of Plymouth AC	M55	15.09
	6	300	Derek	Mardles	Exeter Harriers	M70	15.81
800m U13 Girls Race 1							
	1	3	Verity	Tank	City Of Plymouth AC	U13G	2:34.16
	2	6	Isabella	Morris	City Of Plymouth AC	U13G	2:40.14
	3	27	Matilda	Riggott	Tavistock AC	U13G	2:41.24
	4	18	Grace	Parkin	North Devon AC	U13G	2:44.91
	5	24	Freya	Page	Tavistock AC	U13G	2:45.02
	6	23	Penny	Jones	Tavistock AC	U13G	2:53.80
800m U13 Girls Race 2							
	1	17	Ellie	Dayman	North Devon AC	U13G	2:55.96
	2	30	Imogen	Davis	Exeter Harriers	U13G	2:57.96
	3	21	Lauren	Carr	South Devon AC	U13G	2:59.89
	4	2	Ruby	Tucker	Bideford AAC	U13G	3:04.10
	5	20	Hannah	Carr	South Devon AC	U13G	3:13.52
	6	29	Grace	Povey	Torbay AAC	U13G	3:21.81
800m U13 Boys							
	1	174	Alastair	Smith	Exeter Harriers	U13B	2:26.59
	2	182	Liam	McQueen-Mason	Torbay AAC	U13B	2:38.99
	3	178	Jim	Turner	North Devon AC	U13B	2:51.83
	4	165	Bodie	Johns	Bideford AAC	U13B	2:56.86
	5	172	Luka	Pemberthy	Exeter Harriers	U13B	2:59.32
800m U15 Girls							
	1	80	Emma	Harrison	Torbay AAC	U15G	2:26.73
	2	52	Ella	Isaias	Erme Valley Harriers	U15G	2:29.58

3	57	Jess	Courtney	Exeter Harriers	U15G	2:34.14
4	69	Isabella	Page	Tavistock AC	U15G	2:42.15
5	81	Hannah	Davison	Torbay AAC	U15G	2:42.54
6	65	Sophie	Wren	North Devon AC	U15G	2:45.73

800m U15 Boys

1	197	Sam	Mills	Exeter Harriers	U15B	2:07.49
2	212	Samuel	Hart	Torbay AAC	U15B	2:12.26
3	203	George	Thomas	North Devon AC	U15B	2:17.07
4	198	Luke	Mallon	Exeter Harriers	U15B	2:20.25
5	207	Abraham	Reid	Tavistock AC	U15B	2:28.32
6	213	James	Larkin	Torbay AAC	U15B	2:30.28
7	215	Christopher	Ross	Exeter Harriers	U15B	2:49.50

800m U17 Women & Women

1	97	Abi	Greenslade	Exeter Harriers	U17W	2:30.37
2	95	Elowenn	Tuhill	Erme Valley Harriers	U17W	3:20.40

800m U17 Men

1	225	Will	Bond	Exeter Harriers	U17M	2:03.85
2	231	Caden	Goodwin	Exeter Harriers	U17M	2:06.57
3	238	Luke	Hamley	North Devon AC	U17M	2:07.18
4	242	Christopher	Kirwin	Torbay AAC	U17M	2:28.72

800m U20 Men & Men

1	262	Ted	Chamberlain	Holmfirth Harriers AC	SM	1:59.02
2	277	Alexander	Ford	Exeter University	SM	2:01.46
3	290	Richard	Scott	Exeter Harriers	M45	2:03.42
4	284	Ewan	Walton	Newton Abbot AC	M35	2:20.27
5	296	Ray	Taylor	North Devon AC	M55	2:29.67

3000m Female

1	54	Scarlett	Livingstone	Exeter Harriers	U15G	10:16.5
2	99	Phoebe	Clark	Exeter Harriers	U17W	10:41.8
3	127	Courtney	Howard	Exeter Harriers	U20W	10:43.4
4	149	Clare	Hodgson	Exeter Harriers	SW	11:04.9
5	58	Katie	Harries	Exeter Harriers	U15G	11:24.6
6	155	Jennifer	Sabine	Tavistock Run Project	SW	11:28.0
7	110	Charlotte	Tilney	Tavistock AC	U17W	12:22.4
8	87	Kate	Phillips	City Of Plymouth AC	U17W	12:39.1

3000m Male

1	258	James	Alcock	Torbay AAC	U20M	9:26.56
2	204	William	Pengelly	North Devon AC	U15B	10:12.61
3	236	Dylan	Dayman	North Devon AC	U17M	10:25.91
4	232	Cameron	Bryson	Exeter Harriers	U17M	10:40.28
5	292	Martin	French	City of Plymouth AC	M45	11:21.35
6	298	David	King	South West Vets AC	M65	13:13.57
7	297	David	Eveleigh	Exmouth Harriers	M65	15:46.03

200m U13 Girls Heat 1			-0.9 (Manual)	M/S		
1	16	Eden	Robinson	North Devon AC	U13G	27.09
2	33	Isabella	Lawson	North Devon AC	U13G	28.23
3	19	Elyse	Singletary	North Devon AC	U13G	31.40
4	15	Nia	Harradine-Cole	Newton Abbot AC	U13G	32.89
5	6	Isabella	Morris	City Of Plymouth AC	U13G	34.75
6	30	Imogen	Davis	Exeter Harriers	U13G	35.99
200m U13 Girls Heat 2			-1.9 (Manual)	M/S		
1	12	Taylor	Saltmarsh	Exeter Harriers	U13G	31.04
2	27	Matilda	Riggott	Tavistock AC	U13G	31.46
3	24	Freya	Page	Tavistock AC	U13G	32.99
4	32	Harriet	Wragg	Exeter Harriers	U13G	33.89
5	34	Isla	Mayne	Exeter Harriers	U13G	34.51
6	31	Isobel	Curry	Newton Abbot AC	U13G	35.16
200m U13 Girls Final			+1.3 (Manual)	M/S		
1	16	Eden	Robinson	North Devon AC	U13G	27.11
2	33	Isabella	Lawson	North Devon AC	U13G	28.29
3	32	Harriet	Wragg	Exeter Harriers	U13G	29.71
4	12	Taylor	Saltmarsh	Exeter Harriers	U13G	30.61
5	19	Elyse	Singletary	North Devon AC	U13G	31.34
6	27	Matilda	Riggott	Tavistock AC	U13G	31.55
7	24	Freya	Page	Tavistock AC	U13G	32.49
8	15	Nia	Harradine-Cole	Newton Abbot AC	U13G	33.76
200m U13 Boys			-1.0 (Manual)	M/S		
1	180	Rory	Summers	Tavistock AC	U13B	28.62
2	174	Alastair	Smith	Exeter Harriers	U13B	28.75
3	170	Charlie	Hague	Exeter Harriers	U13B	31.21
4	184	Noah	Heard	City Of Plymouth AC	U13B	33.37
200m U15 Girls Heat 1			-1.5 (Manual)	M/S		
1	44	Mali	Heard	City Of Plymouth AC	U15G	27.55
2	59	Lizzie	Elderfield	Exeter Harriers	U15G	30.14
3	51	Ashlyn	Everton	Erme Valley Harriers	U15G	32.72
4	75	Amelia	Matthews	Torbay AAC	U15G	35.16
200m U15 Girls Heat 2			-1.8 (Manual)	M/S		
1	45	Lili	Fern	City Of Plymouth AC	U15G	27.80
2	41	Abigail	Tucker	Bideford AAC	U15G	28.39
3	78	Estelle	Roots	Torbay AAC	U15G	28.67
4	86	Neve	Dann	City Of Plymouth AC	U15G	28.78
5	72	Amelia	Riggott	Tavistock AC	U15G	29.09
6	63	CC	Addison	North Devon AC	U15G	30.52
200m U15 Girls Final			-0.6 (Manual)	M/S		
1	44	Mali	Heard	City Of Plymouth AC	U15G	26.87
2	45	Lili	Fern	City Of Plymouth AC	U15G	27.20
3	78	Estelle	Roots	Torbay AAC	U15G	27.75

4	41	Abigail	Tucker	Bideford AAC	U15G	28.14
5	86	Neve	Dann	City Of Plymouth AC	U15G	28.25
6	63	CC	Addison	North Devon AC	U15G	31.47
7	72	Amelia	Riggott	Tavistock AC	U15G	36.31
200m U15 Boys			-2.2 (Manual)	M/S		
1	194	Connell	McCarthy	City Of Plymouth AC	U15B	24.67
2	216	Theo	Little	Exeter Harriers	U15B	25.70
3	218	Byron	Povey	Newton Abbot AC	U15B	26.88
4	202	Max	Dan	Newton Abbot AC	U15B	27.31
5	208	Ben	Wilkinson	Tavistock AC	U15B	27.50
200m U17 Women			-0.2 (Manual)	M/S		
1	104	Emily	Lands	Newton Abbot AC	U17W	26.25
2	97	Abi	Greenslade	Exeter Harriers	U17W	28.06
3	94	Ruth	Green	Erme Valley Harriers	U17W	28.62
4	96	Olivia	Travers	Erme Valley Harriers	U17W	29.95
200m U17 Men			-0.4 (Manual)	M/S		
1	230	Kit	Oliver-Stevens	Exeter Harriers	U17M	23.92
2	224	Thomas	Roberts	City Of Plymouth AC	U17M	24.07
3	235	Jake	Dan	Newton Abbot AC	U17M	24.27
4	231	Caden	Goodwin	Exeter Harriers	U17M	24.47
5	233	Leon	Biaggi	Exeter Harriers	U17M	25.01
6	240	Jared	Hunter	Tavistock AC	U17M	25.94
200m U20 Women and wheelchair			-1.0 (Manual)	M/S		
1	140	Elyse	Leech	Torbay AAC	U20W	25.67
2	139	Megan	Webber	Torbay AAC	U20W	26.09
3	132	Harriet	Turner	North Devon AC	U20W	29.00
4	156	Doaa	Shayea T54	City Of Plymouth AC	SW	44.96
200m U20 Men			-3.6 (Manual)	M/S		
1	251	Ciaran	Yeo	Newton Abbot AC	U20M	23.66
2	253	Callum	Oliver-Davidson	Newton Abbot AC	U20M	24.10
2	259	Samuel	Gooding	Exeter Harriers	U20M	24.10
4	252	Elijah	Noel	Newton Abbot AC	U20M	24.61
5	247	Christopher	Perry	Exeter Harriers	U20M	25.00
200m Women			-1.0 (Manual)	M/S		
1	144	Rebecca	Roots	Torbay AAC	SW	26.04
2	147	Sarah	Kearsey	Exeter Harriers	SW	26.83
3	154	Jade	Kinsey	Tavistock AC	SW	26.89
4	153	Laura	Butcher	North Devon AC	SW	30.27
5	151	Jacqueline	Michael	Hallamshire Harriers	SW	31.82
6	161	Clare	Frank	Exeter Harriers	F45	36.84
200m Men			-0.4 (Manual)	M/S		
1	267	Aaron	Miller	City Of Plymouth AC	SM	24.12
2	274	Jamie	Sargusingh	Exeter University	SM	24.23

3	275	Will	Lambert	Exeter University	SM	24.94
4	293	Jerry	Kevern	City Of Plymouth AC	M50	27.31
5	283	Mark	Turner	Exeter Harriers	M55	27.94
6	295	Stephen	Blackford	City Of Plymouth AC	M55	32.37
7	300	Derek	Mardles	Exeter Harriers	M70	32.90

1500m U13 Girls & Boys

1	170	Charlie	Hague	Exeter Harriers	U13B	4:43.37
2	4	Molly	Shorey	City Of Plymouth AC	U13G	4:54.50
3	173	Toby	Capps	Exeter Harriers	U13B	4:55.71
4	11	Daisy	Rowe	Exeter Harriers	U13G	4:56.58
5	185	Ben	Waterman	Exeter Harriers	U13B	5:34.74
6	167	George	Benton	Erme Valley Harriers	U13B	5:40.09
7	10	Isla	Bryson	Exeter Harriers	U13G	5:44.77
8	9	Tamara	Dow	Exeter Harriers	U13G	6:01.37

5000m U20 Men & Men

1	254	Hamish	James	North Devon AC	U20M	16:50.95
2	273	Sonny	Harvey	Torbay AAC	SM	18:44.26
3	292	Martin	French	City of Plymouth AC	M45	19:53.00
4	298	David	King	South West Vets AC	M65	23:08.28

100m Hurdles U17 Men & M55

			-0.6 (Manual)	M/S		
1	222	Tobias	Clayden	City Of Plymouth AC	U17M	15.00
2	228	Craig	Moncur	Exeter Harriers	U17M	15.14
3	295	Stephen	Blackford	City Of Plymouth AC	M55	25.18

100m Hurdles U20 Women

			-1.2 (Manual)	M/S		
1	124	Samantha	Harris	City Of Plymouth AC	U20W	14.17
2	128	Emily	Tyrrell	Exeter Harriers	U20W	14.59
3	121	Emily	Bee	City Of Plymouth AC	U20W	14.88
4	125	Olivia	Dobson	Exeter Harriers	U20W	15.30

1500m U15 Girls & Boys

1	199	Oliver	Capps	Exeter Harriers	U15B	4:27.07
2	210	Joel	Thompson	Torbay AAC	U15B	4:50.01
3	35	Thomas	Jones	City of Plymouth AC	U15B	4:50.77
4	72	Amelia	Riggott	Tavistock AC	U15G	4:59.30
5	206	Ewan	Dix	Tavistock AC	U15B	5:00.20
6	77	Iona	Farquharson	Torbay AAC	U15G	5:04.21
7	76	Ella	Rogers	Torbay AAC	U15G	5:12.37
8	85	Kirtsyna	Cade	Tavistock AC	U15G	5:20.01
9	82	India	Stephenson	North Devon AC	U15G	5:20.37
10	71	Charlotte	Walker	Tavistock AC	U15G	5:27.02
11	40	Ailis	TempleThurston	Bideford AAC	U15G	5:28.77
12	67	Mia	Fordham	North Devon AC	U15G	5:40.53

80m Hurdles U17 Women

			-1.2 (Manual)	M/S		
1	98	Katie	Chapman	Exeter Harriers	U17W	11.94
2	92	Estelle	Hodges	Erme Valley Harriers	U17W	12.23

3	103	Hanna	Ulvede	Newton Abbot AC	U17W	13.05
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1500m U17 U20 Women & Women

1	108	Millie	Ayres	North Devon AC	U17W	5:01.68
2	137	Natasha	Farrington	Tavistock AC	U20W	5:01.69
3	148	Phoebe	Killen	Exeter Harriers	SW	5:03.23
4	111	Elyse	Kedzior-MacDonoug	Tavistock AC	U17W	5:14.52
5	130	Mollie	O'Hanlon	Heanor Running Club	U20W	5:14.76
6	146	Ella	Hards	City of Salisbury	SW	5:18.32
7	114	Holly	Leman-Liberal	Torbay AAC	U17W	5:22.25

75m Hurdles U13 Boys

+1.4 (Manual)

M/S

1	183	Joshua	Taylor	Torbay AAC	U13B	12.44
2	181	Nicolas	Maczugowski	Tavistock AC	U13B	13.85
3	177	Owen	Cox	North Devon AC	U13B	15.02

75m Hurdles U15 Girls

+2.2 (Manual)

M/S

1	49	Kinga	Kudzia	City Of Plymouth AC	U15G	12.60
2	66	Isabelle	Beer	North Devon AC	U15G	12.84
2	46	Elysia	Morris	City Of Plymouth AC	U15G	12.84
4	64	Ciara	Addison	North Devon AC	U15G	13.17
5	56	Bea	Oliver-Stevens	Exeter Harriers	U15G	13.20

70m Hurdles U13 Girls

+1.2 (Manual)

M/S

1	32	Harriet	Wragg	Exeter Harriers	U13G	12.74
2	19	Elyse	Singletary	North Devon AC	U13G	13.37
3	30	Imogen	Davis	Exeter Harriers	U13G	16.37
4	26	Katelyn	Milburn	Tavistock AC	U13G	16.88

1500m U17 Men U20 Men & Men

1	257	Joe	Beaton	Tavistock AC	U20M	4:21.78
2	237	Adam	Leworthy	North Devon AC	U17M	4:22.77
3	238	Luke	Hamley	North Devon AC	U17M	4:24.84
4	261	Liam	Hallows	Erme Valley Harriers	SM	4:28.60
5	221	Oliver	Woodmason	City Of Plymouth AC	U17M	4:33.68
6	272	James	Mckibbin T20	North Devon AC	SM	4:46.71
7	284	Ewan	Walton	Newton Abbot AC	M35	4:49.75
8	289	Pat	MacDonough	Tavistock AC	M40	5:17.17
9	292	Martin	French	City of Plymouth AC	M45	5:21.93

300m U15 Girls

1	55	Emily	Churchill	Exeter Harriers	U15G	44.73
2	73	Annabelle	Hess	Tavistock AC	U15G	45.15
3	48	Leah	Green	City Of Plymouth AC	U15G	45.63
4	62	Jessica	Dutton	North Devon AC	U15G	45.83
5	61	Amy	Jenions	Exeter Harriers	U15G	48.13
6	74	Emily	Sleep	Tavistock AC	U15G	48.51
7	67	Mia	Fordham	North Devon AC	U15G	49.31

300m U15 Boys & U17 Women

1	212	Samuel	Hart	Torbay AAC	U15B	40.95
2	197	Sam	Mills	Exeter Harriers	U15B	41.36
3	112	Jamie	Bulbring	Tavistock AC	U17W	42.41
4	101	Megan	Hamilton-Strong	Exeter Harriers	U17W	42.84
5	205	Matthew	Silverlock	North Devon AC	U15B	45.65
6	213	James	Larkin	Torbay AAC	U15B	45.73

400m U17 Men & U20 Men

1	230	Kit	Oliver-Stevens	Exeter Harriers	U17M	52.36
2	255	Jordan	Choules	North Devon AC	U20M	52.48
3	235	Jake	Dan	Newton Abbot AC	U17M	53.44
4	250	Ethan	Kirby T20	Newton Abbot AC	U20M	54.92
5	239	Liam	Watts	Tavistock AC	U17M	59.51

400m U20 Women, Women & Wheelchair

1	154	Jade	Kinsey	Tavistock AC	SW	1:00.28
2	136	Jenny	Milburn	Tavistock AC	U20W	1:01.65
3	150	Marilyn	Grech	Exeter University	SW	1:02.35
4	133	Erin	Silvester	North Devon AC	U20W	1:02.96
5	132	Harriet	Turner	North Devon AC	U20W	1:05.94
6	151	Jacqueline	Michael	Hallamshire Harriers	SW	1:09.60
7	156	Doaa	Shayea T54	City Of Plymouth AC	SW	1:33.73

400m Men

1	277	Alexander	Ford	Exeter University	SM	52.90
2	276	David	Silk	Exeter University	SM	54.22
3	264	Daniel	Newland	City Of Plymouth AC	SM	57.57
4	296	Ray	Taylor	North Devon AC	M55	1:07.00
5	295	Stephen	Blackford	City Of Plymouth AC	M55	1:15.64
6	300	Derek	Mardles	Exeter Harriers	M70	1:23.05

1500m Steeplechase U15 Girls & Boys U17 Women & Women

1	131	Chloe	Olford	Newton Abbot AC	U20W	5:14.30
2	116	Jasmine	Stone	Yeovil Olympiads AC	U17W	5:22.17
3	107	Eliza	Banbury	North Devon AC	U17W	5:49.58
4	190	Ben	Tolson	Bideford AAC	U15B	6:10.48
5	53	Isabella	Peyton-Jones	Exeter Harriers	U15G	6:16.35
6	123	Zoe	Crutchley	City Of Plymouth AC	U20W	7:11.17

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